

CONTEMPORARY CULTURE

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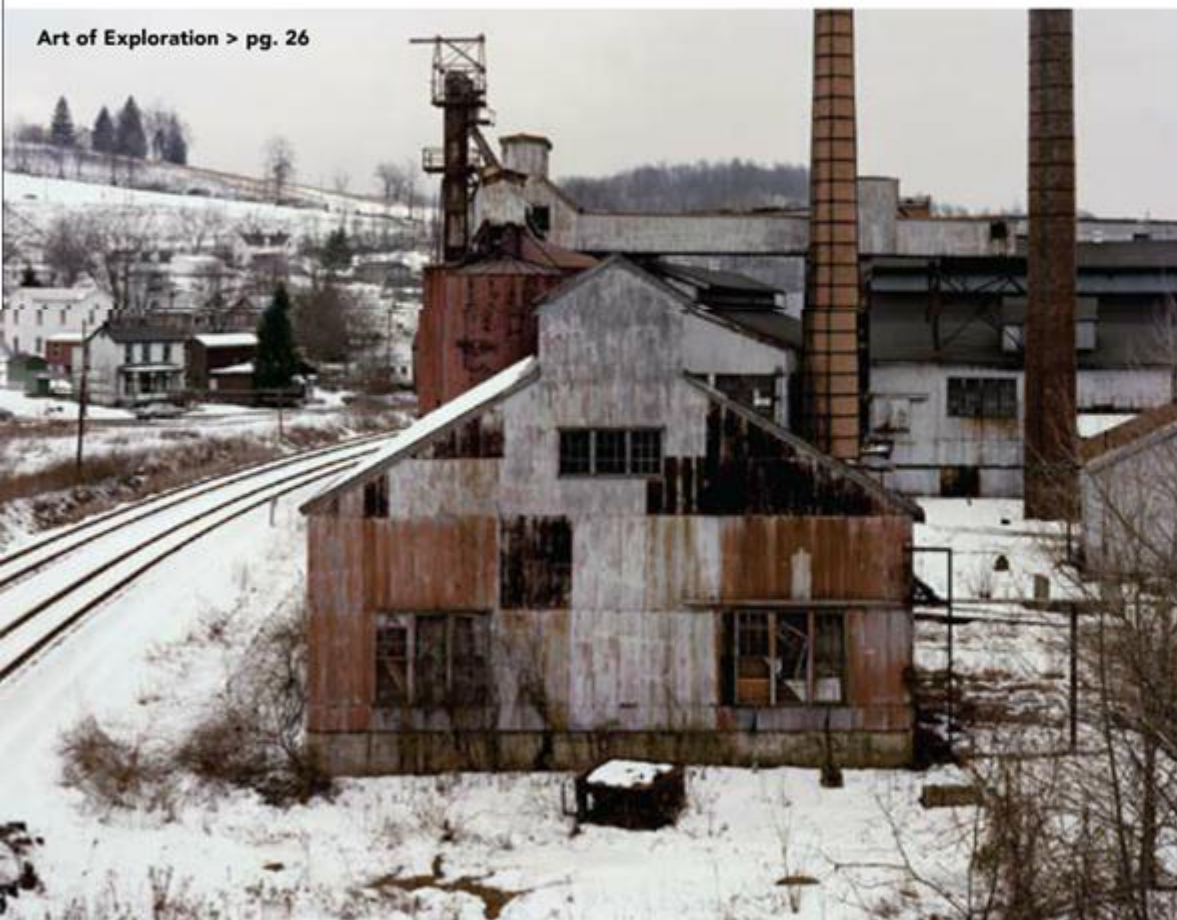
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The centuries old practice of floral arranging is defined by Wikipedia as "The art of using plant materials and flowers to create a pleasing and balanced composition." There is evidence that creating with plants and flowers for visual and aesthetic pleasure dates as far back as the culture of Ancient Egypt.





It's All or Nothing

MEET MONICA SULESKI, A VISIONARY THINKER, A SUCCESSFUL REAL ESTATE ENTREPRENEUR AND ONE OF THE HOTTEST GO-TO DESIGNERS FOR THE CELEBRITY CROWD.

Venü Magazine is about the "it" factor. Our mission is to deliver the inside scoop about must-see places and people in the towns where our readers live, work and play. So we are thrilled to introduce you to our newest columnist, Monica Suleski, who's got us covered in the South Florida scene.

WRITTEN BY CINDY CLARKE | ARCHITECTURAL PHOTOGRAPHS BY BLUE OCEAN | PORTRAIT BY DANIA GRAIBE



“A HOUSE IS LIKE A WOMAN,” SAYS MONICA, A PROPONENT OF THE SEXY CLEAN LOOK, “AND LIKE A WOMAN, A HOUSE NEEDS TO BE DRESSED APPROPRIATELY FOR MAXIMUM ALLURE. EVERY DAY THAT PASSES THAT IT ISN’T STYLED, IT ISN’T FULLY ENJOYED.”





THE MULTI-TALENTED OWNER of Eclectic Elements, a furniture, art and design firm synonymous with ultra-stylish Miami glamour, Monica is a visionary thinker, a successful real estate entrepreneur and one of the hottest go-to designers for the celebrity crowd. She'll be taking us behind the doors of multi-million dollar estates to give us a privileged peek at how the rich and famous live with priceless tips for dressing homes that *wow* with luxury and style. And she'll give us the keys to opening doors that can transform everyday lives with a healthy lifestyle and outlook.

Take a look at the photos of her own seaside home showcased here and you'll get a sense of the eye-candy interiors, modern and chic, and the tranquil ambiance she creates for her clients. Clearly stunning, they are a reflection of her "all or nothing" mantra which resonates throughout her career and personal life. She is a CEO on the move, successfully founding and running two uniquely integrated empires that marry a comprehensive design resource – her showroom offers her clients everything they need to furnish their home – with a prestigious inventory of luxury waterfront estates, both rental and sales properties, to make the good life come alive for her clients.

"A house is like a woman," says Monica, a proponent of the sexy clean look, "and like a woman, a house needs to be dressed appropriately for maximum allure. Every day that passes that it isn't styled, it isn't fully enjoyed."

Considering her roster of personal clients, LeBron James, Little Wayne, Carlos Boozer, Sean Kingston, Rafael Furcal and Michael Mann to name just a few, along with some of the biggest names in film production and Fortune 500 companies, Monica is stylishly ahead of the game and clearly sharing, successfully, the enjoyable South Beach lifestyle.

Her zest for life transcends everything she does, from her daily work-out regimen – "work with what you have and make it look beautiful – to her

spiritual beliefs – "peace and love" are at the heart of her both her designs and her life. A doctor's wife, she's a self-professed "machine" when it comes to staying fit and healthy, adhering to a naturally organic diet, strenuous exercise program and winning "never say no" attitude that gives her the non-stop energy she needs to run her businesses.

Monica and her husband, Dr. Edmundo Tamayo, well recognized in the field of Internal Medicine and founder of the weight loss centers, Fit4lifeflow, share the same views on maintaining a positive work-life balance. They believe that "health is equivalent to a lifestyle, not just a diet or how much exercise you do. It's a combination of stress management, happiness, a good home environment, good sleeping habits and a well balanced diet and exercise program."

Creating an enjoyable home environment, visually luxurious and ultimately nurturing, is Monica's specialty and one that doesn't need to come with a high price tag. She likens it to women who can wear a \$100 outfit and make it look as though it cost thousands, saying it's all how you put it together that makes the difference. "When you look great, you feel great," she adds, applying that same wise adage to people's homes. "It is important to have a peaceful, beautiful presentation in your home too," she says. It's part of a total lifestyle prescription that fosters self-confidence and pride, invites relaxation and comfort, and reflects happy "I want to be there" emotions.

For Monica, it's all about positive thinking, backing up your idea with mindful, purposeful action and running with it. And run she does. In addition to focusing on the design aesthetics of her clients' homes, she oversees the entire construction process too when necessary, ditching high heels for a hard hat to make sure the job is done right and to her highest standards. Her transformative turnkey approach to life is turning heads as she turns her clients' dreams into reality. Her first column moves in to *Venü Magazine* this September. Check out all she brings to the table at www.eemiami.com and get ready to live the love. □